

MSHSL Section 7AA Championships
Timing by Hero's Timing
Rock Ridge HS - 5/27/2026 to 5/30/2026
Results

Event 200 Girls 100 Meter Dash

Section: 12.56 S 6/1/2024 Zeija Moore
12.52 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Sophia Thorsen	11	North Branch	S 12.31QUAL
2 Haley Mount	11	Hibbing	12.81QNWI
3 Ella Dick	12	North Branch	12.91QNWI
4 Kailie Kopp	12	North Branch	13.04QNWI
5 Addison Griffin	11	Chisago Lake	13.06QNWI
6 Precilia Kpoo	12	Totino-Grace	13.15q NWI
7 Lahna Gelo	11	Rock Ridge	13.30q NWI
8 Ruby Mariano	7	Grand Rapids	13.50q NWI
9 Adriana Pascone	8	Duluth Denfe	13.53 NWI
10 Ellie Dimberio	8	Rock Ridge	13.61 NWI
11 Ly'Niah Bledsoe	10	Fridley	13.61 NWI
12 Taraji Holets	9	Hermantown	13.62 NWI
13 Marley Kaivola	9	Rock Ridge	13.63 NWI
14 Ava Major	10	Grand Rapids	13.66 NWI
15 Janelle Eyong	12	Chisago Lake	13.73 NWI
16 Lola Witty	12	Proctor	13.76 NWI
17 Serenity Long	10	Fridley	13.82 NWI
18 Breckyn Tuhkanen	9	Proctor	13.92 NWI
19 Brooklyn Detjen	9	Grand Rapids	13.93 NWI
20 Lydia Rue	7	Mora	14.01 NWI
21 Libby Oaks	11	Hermantown	14.05 NWI
22 Brielle Rotenberger	9	Proctor	14.11 NWI
23 Mikayla Ross	12	Chisago Lake	14.14 NWI
24 Zayda Wonsehleay	9	Duluth Denfe	14.20 NWI
25 Johanna Hokanson	9	Hermantown	14.34 NWI
26 Ava Koch	9	Mora	14.43 NWI
27 Jane Olson	11	Mora	14.67 NWI
28 Jalisa Smith	9	Duluth Denfe	14.71 NWI
29 Beth Dietrich	8	Hibbing	14.87 NWI
30 Abigail Berglin	9	Totino-Grace	15.04 NWI
31 Malen Iparragire	12	Hibbing	15.18 NWI
32 Ellie Nelson	11	Cloquet	15.22 NWI
33 Caroline French	9	Cloquet	15.52 NWI
--- Dayna Vernon	11	Cloquet	DQ NWI
--- Kashiah Delarosa	12	Fridley	DNS NWI

Event 200 Girls 100 Meter Dash

Section: 12.56 S 6/1/2024 Zeija Moore
12.52 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Sophia Thorsen	11	North Branch	12.33SQUAL
2 Haley Mount	11	Hibbing	12.70 8
3 Ella Dick	12	North Branch	12.98 6
4 Addison Griffin	11	Chisago Lake	13.21 5
5 Kailie Kopp	12	North Branch	13.29 4
6 Precilia Kpoo	12	Totino-Grace	13.30 3
7 Lahna Gelo	11	Rock Ridge	13.54 2
8 Ruby Mariano	7	Grand Rapids	13.63 1

Event 201 Boys 100 Meter Dash

Section: 10.80 S 5/31/2025 Martin Sleen
11.02 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Laykn Lyons	12	Proctor	10.86QUAL
2 Jaden Miller	12	Totino-Grace	11.03QNWI
3 Martin Sleen	11	Hermantown	11.25QNWI
4 Michel Nichols	10	Grand Rapids	11.30QNWI
5 Brent Korti	10	Fridley	11.47QNWI
6 Malik Dade	10	Fridley	11.31q NWI
7 Levi Doughty	11	Mora	11.33q NWI
8 Grant Johnson	12	Hermantown	11.34q NWI
9 Milo Wilson	10	Cloquet	11.34 NWI
10 Noah Nephew	11	Duluth Denfe	11.38 NWI
11 Julien Fisher	12	Hibbing	11.52 NWI
12 Isaiah Tanui	12	Duluth Denfe	11.54 NWI
13 Reece Ringhofer	12	Hibbing	11.55 NWI
14 Corban Peterson	12	Hermantown	11.65 NWI
15 Mason McDonald	12	Hibbing	11.66 NWI
16 Oliver Johnson	9	Mora	11.70 NWI
17 Anthony Busam	12	Proctor	11.75 NWI
18 Riley Marshall	11	Proctor	11.77 NWI
19 William Determan	10	North Branch	11.88 NWI
20 Michael Sarych	12	Totino-Grace	11.89 NWI
21 Fynn Schlicht	11	Grand Rapids	11.97 NWI
22 Payton Parks	12	Rock Ridge	11.99 NWI
23 Hunter Burnett	10	Rock Ridge	12.04 NWI
24 Cohen Baker	9	North Branch	12.05 NWI
25 Travion Davis	10	Duluth Denfe	12.06 NWI
26 Marley Dabney	10	Grand Rapids	12.07 NWI
27 Samuel Ayers	12	Fridley	12.07 NWI
28 Charlie Hughes	9	Cloquet	12.14 NWI
29 Nick Stark	10	Rock Ridge	12.14 NWI
30 Elias Strini	9	North Branch	12.17 NWI
31 Oliver Conway	11	Totino-Grace	12.35 NWI
32 Brooks Peterson	9	Chisago Lake	12.42 NWI
33 Bradley Walker	9	Chisago Lake	12.80 NWI
34 Donald Karpenko	11	Chisago Lake	13.11 NWI
35 Jaythan Lee	9	Mora	13.54 NWI
--- Nashton Johanson	12	Cloquet	DNS NWI

Event 201 Boys 100 Meter Dash

Section: 10.80 S 5/31/2025 Martin Sleen
11.02 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Martin Sleen	11	Hermantown	11.13 10
2 Jaden Miller	12	Totino-Grace	11.16 8
3 Laykn Lyons	12	Proctor	11.20 6
4 Brent Korti	10	Fridley	11.44 5
5 Michel Nichols	10	Grand Rapids	11.61 4
6 Levi Doughty	11	Mora	11.71 3
7 Malik Dade	10	Fridley	11.72 2

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Finals ... (Event 201 Boys 100 Meter Dash)				
Name	Yr	School	Finals	
8 Grant Johnson	12	Hermantown	23.91	1

Event 202 Girls 200 Meter Dash

Section: 24.93 S 5/31/2025 Sophia Thorsen
25.85 QUAL State Qualifier

Name	Yr	School	Prelims
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Preliminaries

1 Sophia Thorsen	11	North Branch	S 24.75QUAL
2 Lizzy Fultz	12	Rock Ridge	26.04QNWI
3 Claire Roufs	12	Duluth Denfe	26.73QNWI
4 Zoey Thyen	12	Rock Ridge	26.79QNWI
5 Ella Dick	12	North Branch	27.26QNWI
6 Kira Suominen	10	Cloquet	27.24q NWI
7 Rowan Klinkner	12	Chisago Lake	27.37q NWI
8 Bailey Bottoms	9	Hibbing	27.58q NWI
9 Adriana Pascone	8	Duluth Denfe	27.58 NWI
10 Aili Lautigar	9	Rock Ridge	27.58 NWI
11 Olivia Tapp	11	Totino-Grace	27.79 NWI
12 Aavry Freborg	10	Chisago Lake	28.01 NWI
13 Claire Niksich	12	Hermantown	28.03 NWI
14 Serenity Long	10	Fridley	28.05 NWI
15 Olivia Theien	10	Hibbing	28.15 NWI
16 Rachel Halseth	9	North Branch	28.16 NWI
17 Arizona Ridlon	8	Hibbing	28.46 NWI
18 Peyton Walker	11	Proctor	28.54 NWI
19 Madison Kilgore	9	Proctor	28.82 NWI
20 Zayda Wonsehleay	9	Duluth Denfe	28.96 NWI
21 Noelle Brown	10	Totino-Grace	28.97 NWI
22 Libby Oaks	11	Hermantown	29.28 NWI
23 Shalayah Woodard	12	Fridley	29.56 NWI
24 Aubrie Hord	12	Grand Rapids	29.70 NWI
25 Johanna Hokanson	9	Hermantown	29.99 NWI
26 Mikaela Alzen	9	Grand Rapids	30.01 NWI
27 Etta Bakke	9	Mora	30.02 NWI
28 Nevaeh Peterson	11	Proctor	30.12 NWI
29 Adele Denton	10	Totino-Grace	30.29 NWI
30 Kloee Parson	10	Mora	30.71 NWI
31 Izabel Johnson	9	Grand Rapids	30.99 NWI
32 Holly Haynes	10	Mora	31.05 NWI
33 Ingrid Olson	11	Chisago Lake	31.21 NWI
--- Lauren Hughes	12	Cloquet	DNS NWI
--- Dayna Vernon	11	Cloquet	DNS NWI
--- Kashiah Delarosa	12	Fridley	DNS NWI

Event 202 Girls 200 Meter Dash

Section: 24.93 S 5/31/2025 Sophia Thorsen
25.85 QUAL State Qualifier

Name	Yr	School	Finals
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Finals

1 Sophia Thorsen	11	North Branch	25.12 QUAL
2 Lizzy Fultz	12	Rock Ridge	26.34 8
3 Claire Roufs	12	Duluth Denfe	26.55 6
4 Kira Suominen	10	Cloquet	26.98 5

5 Zoey Thyen	12	Rock Ridge	27.05 4
6 Bailey Bottoms	9	Hibbing	27.66 3
7 Rowan Klinkner	12	Chisago Lake	27.73 2
8 Ella Dick	12	North Branch	27.75 1

Event 203 Boys 200 Meter Dash

Section: 21.87 S 5/31/2025 Martin Sleen
22.59 QUAL State Qualifier

Name	Yr	School	Prelims
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Preliminaries

1 Laykn Lyons	12	Proctor	22.04QUAL
2 Jaden Miller	12	Totino-Grace	22.60QNWI
3 Trenton Lavine	11	Duluth Denfe	22.75QNWI
4 Brent Korti	10	Fridley	22.79QNWI
5 Reece Ringhofer	12	Hibbing	23.23QNWI
6 Martin Sleen	11	Hermantown	22.43q QUAL
7 Julien Fisher	12	Hibbing	23.00q NWI
8 Ieuan Bailey	12	Chisago Lake	23.04q NWI
9 Isaiah Tanui	12	Duluth Denfe	23.33 NWI
10 Hekmat Ghaznavi	11	Grand Rapids	23.36 NWI
11 Milo Wilson	10	Cloquet	23.37 NWI
12 Malik Dade	10	Fridley	23.58 NWI
13 Riley Marshall	11	Proctor	23.60 NWI
14 Isaac Svalesson	8	Hibbing	23.63 NWI
15 Beckett Engel	11	Rock Ridge	23.78 NWI
16 Kestan Bradley	11	Hermantown	23.91 NWI
17 Quinn Raukar	11	Hermantown	23.91 NWI
18 Christian Lavine	11	Duluth Denfe	24.10 NWI
19 Michael Sarych	12	Totino-Grace	24.15 NWI
20 David Snestrud	11	Cloquet	24.15 NWI
21 Jesse Brunner	12	Rock Ridge	24.17 NWI
22 Vincent Case	10	Totino-Grace	24.38 NWI
23 John Kopacek	12	Grand Rapids	24.47 NWI
24 Brooks Skelton	8	Grand Rapids	24.47 NWI
25 Oscar Ziells	11	Proctor	24.56 NWI
26 Trevor Ranisate	10	Rock Ridge	24.59 NWI
27 Cohen Baker	9	North Branch	24.60 NWI
28 Marek Nelson	9	Mora	24.80 NWI
29 Marcellers Flowers	9	Mora	24.85 NWI
30 Elias Strini	9	North Branch	24.98 NWI
31 Caleb Evenson	12	Mora	25.01 NWI
32 Dre'Monte Cannon	11	Fridley	25.28 NWI
33 Tyler Shepherd	9	Cloquet	25.93 NWI
34 Donald Karpenko	11	Chisago Lake	25.94 NWI
35 Bradley Walker	9	Chisago Lake	25.94 NWI
36 Owen Thorstenson	11	North Branch	26.41 NWI

Event 203 Boys 200 Meter Dash

Section: 21.87 S 5/31/2025 Martin Sleen
22.59 QUAL State Qualifier

Name	Yr	School	Finals
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Finals

1 Laykn Lyons	12	Proctor	22.19 QUAL
2 Martin Sleen	11	Hermantown	22.41 QUAL
3 Jaden Miller	12	Totino-Grace	22.79 6

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Finals ... (Event 203 Boys 200 Meter Dash)				
Name	Yr	School	Finals	
4 Brent Korti	10	Fridley	22.99	5
5 Trenton Lavine	11	Duluth Denfe	23.38	4
6 Reece Ringhofer	12	Hibbing	23.63	3
7 Julien Fisher	12	Hibbing	23.72	2
8 Ieuan Bailey	12	Chisago Lake	23.73	1

Event 204 Girls 400 Meter Dash				
Section: 58.76 S 5/31/2025 Ella Kuhlman				
59.65 QUAL State Qualifier				
Name	Yr	School	Prelims	

Preliminaries				
1 Brynn Babich	12	Hibbing	59.50	QUAL
2 Gianna Hansen	12	Proctor	1:00.64	Q
3 Ella Yatcoske	8	Mora	1:01.20	Q
4 Ava Limberg	11	Grand Rapids	1:01.86	Q
5 Bailey Bottoms	9	Hibbing	1:02.20	Q
6 Macy Qual	7	Mora	1:03.36	q
7 Lily Christenson	9	Grand Rapids	1:03.41	q
8 Arie Bialke	7	Rock Ridge	1:03.45	q
9 Kianna Osmundson	10	Chisago Lake	1:03.55	
10 Isabella McPhee	12	Proctor	1:03.76	
11 Averiana Gellerman	10	Chisago Lake	1:03.89	
12 Julia Ruhnke	10	Cloquet	1:04.50	
13 Kenzie Johnson	10	Hermantown	1:04.81	
14 Savannah Schroepfer	9	North Branch	1:05.67	
15 Brianna Koch	12	Mora	1:05.94	
16 Ava Witkowski	10	North Branch	1:06.79	
17 Keyarra Cronin	9	Duluth Denfe	1:06.98	
18 Ryann Knight	8	Hermantown	1:07.60	
19 Ellie Kragthorpe	11	Grand Rapids	1:07.86	
20 Jordan Linder	11	Cloquet	1:07.92	
21 Grace Mount	12	Hibbing	1:08.37	
22 Arianna Husfeldt	10	Chisago Lake	1:08.89	
23 Mila Flatley	10	Rock Ridge	1:09.05	
24 Mahlaya Johns	9	Fridley	1:09.33	
25 Marley Riopel	11	Fridley	1:10.37	
26 Isabella Rock	10	Duluth Denfe	1:10.62	
27 Bryn Stefanich	7	Rock Ridge	1:10.91	
28 Emma Berube	9	Cloquet	1:11.23	
29 Evalyn Gorgos	9	Totino-Grace	1:11.60	
30 Brooklyn Leistikow	9	North Branch	1:11.84	
31 Bea Hieb	9	Proctor	1:13.79	
32 Charleigh Lage	9	Totino-Grace	1:17.21	
--- Zoey Lucarelli	8	Hermantown	DNS	
--- Ana Haugen	12	Duluth Denfe	DNS	

Event 204 Girls 400 Meter Dash				
Section: 58.76 S 5/31/2025 Ella Kuhlman				
59.65 QUAL State Qualifier				
Name	Yr	School	Finals	

Finals				
1 Brynn Babich	12	Hibbing	58.77	QUAL
2 Gianna Hansen	12	Proctor	59.99	8

3 Ella Yatcoske	8 Mora	1:01.77	6
4 Bailey Bottoms	9 Hibbing	1:02.02	5
5 Ava Limberg	11 Grand Rapids	1:02.14	4
6 Arie Bialke	7 Rock Ridge	1:02.90	3
7 Macy Qual	7 Mora	1:02.98	2
8 Lily Christenson	9 Grand Rapids	1:04.71	1

Event 205 Boys 400 Meter Dash				
Section: 49.73 S 5/31/2025 Josiah Young				
50.97 QUAL State Qualifier				
Name	Yr	School	Prelims	

Preliminaries				
1 Thomas Oppelt	10	Duluth Denfe	51.34	Q
2 Caiden Bonds	12	Chisago Lake	52.27	Q
3 Eli Heehn	11	Cloquet	53.15	Q
4 Ashton Novak	11	Rock Ridge	53.23	Q
5 Laykn Lyons	12	Proctor	53.27	Q
6 Joseph Schlaefer	12	Totino-Grace	52.18	q
7 Blake Prosen	11	Cloquet	53.50	q
8 Elliot White	9	Hibbing	54.12	q
9 Tyler Wudinich	12	Rock Ridge	54.13	
10 Henry Fredeen	10	Hibbing	54.22	
11 Matthew Mangan	11	Cloquet	54.28	
12 Luke McDonald	10	Hermantown	54.50	
13 Ryan Lamb	10	Totino-Grace	54.51	
14 Tristan Williams	10	Duluth Denfe	54.75	
15 Lucas Rychart	12	Grand Rapids	54.77	
16 Bennett Williams	10	Grand Rapids	54.82	
17 Isaac Farnsworth	10	Hibbing	54.87	
18 Marek Nelson	9	Mora	55.61	
19 Evan Mcgonigle	11	Chisago Lake	55.63	
20 Ayden Atkins	11	Duluth Denfe	55.93	
21 Tucker Kovarik	8	North Branch	57.36	
22 Ethan Rueter	10	North Branch	57.75	
23 Nathan Gjessing	12	Hermantown	57.79	
24 Malique Nimely	10	Fridley	57.86	
25 John Kopacek	12	Grand Rapids	58.13	
26 Bode Madill	12	Hermantown	58.31	
27 Gavin Roth	9	Proctor	58.47	
28 Ryan Lind	10	Mora	58.66	
29 Bradley Walker	9	Chisago Lake	59.15	
30 Samuel Ayers	12	Fridley	59.70	
31 Brandon Sonephady	9	Fridley	59.90	
32 Viggo Thorn	11	Proctor	1:00.58	
33 Sullivan Johnson	7	North Branch	1:03.52	
34 Corbet Hainey	11	Rock Ridge	1:04.49	
--- Yosepa Matayo	12	Totino-Grace	DNS	

Event 205 Boys 400 Meter Dash				
Section: 49.73 S 5/31/2025 Josiah Young				
50.97 QUAL State Qualifier				
Name	Yr	School	Finals	

Finals				
1 Eli Heehn	11	Cloquet	50.41	QUAL
2 Thomas Oppelt	10	Duluth Denfe	51.20	8

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Finals ... (Event 205 Boys 400 Meter Dash)

Name	Yr	School	Finals	
3 Laykn Lyons	12	Proctor	51.63	6
4 Ashton Novak	11	Rock Ridge	51.72	5
5 Caiden Bonds	12	Chisago Lake	51.89	4
6 Joseph Schlaefer	12	Totino-Grace	52.46	3
7 Elliot White	9	Hibbing	53.46	2
8 Blake Prosen	11	Cloquet	53.53	1

Event 206 Girls 800 Meter Run

Section: 2:17.54 S 5/31/2025 Brynn Babich
2:18.71 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Berlyn Hartinger	10	Totino-Grace	2:24.52Q
2 Lauren Kowarsch	12	Chisago Lake	2:25.34Q
3 Cadel Pohl	9	Duluth Denfe	2:27.32Q
4 Caitlin Wedge	11	Proctor	2:28.20Q
5 Brynn Babich	12	Hibbing	2:28.61Q
6 Avery Kukowski	11	Hibbing	2:26.98q
7 Kate Swenson	12	Grand Rapids	2:31.39q
8 Ellie Pease	11	Proctor	2:33.59q
9 Lilly Stelmack	9	North Branch	2:35.28
10 Macy Degerstrom	10	Mora	2:36.23
11 Anna Crisman	7	Mora	2:37.49
12 Cassidy Bakk	9	Proctor	2:37.65
13 Kara Hall	9	Chisago Lake	2:38.51
14 Evelina Gilkerson	12	North Branch	2:39.32
15 Morgan Panichi	11	Hermantown	2:40.09
16 Vienna Rosebrock	10	Cloquet	2:44.34
17 Vivian Westberg	7	Rock Ridge	2:46.29
18 Brynley Heisel	12	Rock Ridge	2:46.37
19 Vayda Kester	8	North Branch	2:46.62
20 Raini Gibson	12	Hibbing	2:49.19
21 Alli Weix	11	Cloquet	2:49.61
22 Macey Weber	9	Grand Rapids	2:50.20
23 Cora Clemons	10	Hermantown	2:50.80
24 Charlotte Riel	9	Hermantown	2:51.26
25 Annabelle Curtiss	9	Grand Rapids	2:51.58
26 Ella Olson	10	Mora	2:55.80
27 Emma Berube	9	Cloquet	2:59.05
28 Sam Zeiher	9	Rock Ridge	3:02.62
29 Mara Thomas	10	Totino-Grace	3:03.21
30 Isabella Schimp	10	Totino-Grace	3:15.82
31 Annabelle Anderson	11	Fridley	3:22.65
--- Beily Mora	11	Fridley	DQ
--- Shiloh Mendoza	11	Fridley	DNS

Event 206 Girls 800 Meter Run

Section: 2:17.54 S 5/31/2025 Brynn Babich
2:18.71 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Berlyn Hartinger	10	Totino-Grace	2:21.01 10
2 Brynn Babich	12	Hibbing	2:23.27 8

3 Caitlin Wedge	11	Proctor	2:26.16 6
4 Cadel Pohl	9	Duluth Denfe	2:28.08 5
5 Lauren Kowarsch	12	Chisago Lake	2:30.45 4
6 Ellie Pease	11	Proctor	2:31.32 3
7 Kate Swenson	12	Grand Rapids	2:31.74 2
8 Avery Kukowski	11	Hibbing	2:33.02 1

Event 207 Boys 800 Meter Run

Section: 1:54.25 S 5/31/2023 Cameron Stocke
1:57.74 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Andrew Shepherd	12	Cloquet	2:02.34Q
2 Evan Rothamel	11	Cloquet	2:03.18Q
3 Matthew Strukel	11	Hermantown	2:03.48Q
4 Jake Walli	12	Hibbing	2:04.33Q
5 Kaden Osmundson	12	Chisago Lake	2:05.10Q
6 Aiden Korby	11	Cloquet	2:05.24q
7 Ryan Donahue	11	Proctor	2:05.62q
8 Jaiden Touchstone	12	Hibbing	2:05.77q
9 Nash Cooksley	10	Chisago Lake	2:06.75
10 Samuel Heaser	8	Chisago Lake	2:06.96
11 Dawson Smart	12	Mora	2:07.99
12 Joseph Johnson	9	Grand Rapids	2:10.75
13 Scott Reyelts	10	Proctor	2:11.51
14 Cody Carlson	8	Hermantown	2:11.55
15 William Stelmack	10	North Branch	2:11.98
16 Joseph Damiani	12	North Branch	2:12.34
17 Jacob Sikich	8	Hibbing	2:13.04
18 Hollis Frost	12	Rock Ridge	2:15.71
19 Nolan Peterson	12	Rock Ridge	2:16.20
20 Ben Stueve	9	Totino-Grace	2:17.08
21 Cooper Aune	12	Rock Ridge	2:17.95
22 Jordan Wilcox	11	Hermantown	2:18.40
23 Santiago Zamora	10	Totino-Grace	2:19.02
24 Liam Jones	9	Grand Rapids	2:19.28
25 Walker Sanftner	8	Mora	2:19.62
26 Steel Yeaton	10	Duluth Denfe	2:19.83
27 Mason Toler	10	Totino-Grace	2:21.28
28 Jacob Sellers	10	Proctor	2:21.31
29 Kale Fairchild	12	Grand Rapids	2:29.83
30 Andrew Bartling	11	Duluth Denfe	2:33.62
31 Brooks Trampe	7	North Branch	2:34.36
32 Noah Nielsen	10	Duluth Denfe	2:35.53
33 Adama Trawally	10	Fridley	2:44.10
34 Daniel Zacahuatl Maceda	11	Fridley	2:46.41
--- Amir Kaba	12	Fridley	DNS

Event 207 Boys 800 Meter Run

Section: 1:54.25 S 5/31/2023 Cameron Stocke
1:57.74 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Andrew Shepherd	12	Cloquet	2:00.86 10
2 Evan Rothamel	11	Cloquet	2:01.91 8

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Finals ... (Event 207 Boys 800 Meter Run)

	Name	Yr	School	Finals
3	Matthew Strukel	11	Hermantown	2:02.25 6
4	Jake Walli	12	Hibbing	2:05.32 5
5	Jaiden Touchstone	12	Hibbing	2:05.80 4
6	Kaden Osmundson	12	Chisago Lake	2:06.60 3
7	Aiden Korby	11	Cloquet	2:06.93 2
8	Ryan Donahue	11	Proctor	2:07.36 1

Event 208 Girls 1600 Meter Run

Section: 5:03.27 S 5/31/2025 Annika Hall

5:09.80 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	Annika Hall	10	Chisago Lake	5:08.52 QUAL
2	Lainie Jackson	11	Grand Rapids	5:13.77 8
3	Gabrielle Anderson	9	Duluth Denfe	5:20.33 6
4	Nora Lucarelli	7	Hermantown	5:30.99 5
5	Hattie Hintsala	8	Proctor	5:36.63 4
6	Elsa Winbigler	11	Cloquet	5:46.97 3
7	Elin Olson	8	Mora	5:48.02 2
8	Ferrah LaLone	11	Hermantown	5:59.14 1
9	Vivian Damjanovich	8	Hibbing	6:03.82
10	Vanessa Pascone	11	Duluth Denfe	6:06.85
11	Ada Halverson	12	Mora	6:07.25
12	Elizabeth Cunningham	9	Cloquet	6:07.67
13	Halle Karkela	10	Grand Rapids	6:09.35
14	Danika Hurry	9	Totino-Grace	6:10.04
15	Quinn Cargill	11	Grand Rapids	6:10.48
16	Audrey Berube	12	Cloquet	6:11.45
17	Dallice Hardy	7	Rock Ridge	6:22.27
18	Julia Papin	7	Rock Ridge	6:22.94
19	Audra Murden	12	Hibbing	6:32.04
20	Morgan Schnortz	10	Hibbing	6:37.29
21	Elle Vandermyde	10	Totino-Grace	6:38.64
22	Frida Morales-Onofre	12	Totino-Grace	6:39.86
23	Julia Sipola	9	Rock Ridge	6:42.56
24	Ruby Hanson	11	North Branch	6:50.04
25	Elizabeth Damiani	10	North Branch	6:50.20
26	Samantha Herron	11	Proctor	7:11.30
27	Clara Niskanen	12	Mora	7:26.04
28	Annabelle Anderson	11	Fridley	7:49.03
29	Kayla Simonson	9	Proctor	8:10.23
---	Shiloh Mendoza	11	Fridley	DQ
---	Beily Mora	11	Fridley	DNS

Event 209 Boys 1600 Meter Run

Section: 4:15.30 S 5/31/2025 Matthew Lindgren

4:22.15 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	Brenden Sylvester	12	Grand Rapids	4:22.64 10
2	Adrian Rausch	12	Rock Ridge	4:23.89 8
3	Eric Lindgren	10	Totino-Grace	4:36.36 6
4	Charlie Janezich	9	Hibbing	4:42.95 5

5	Cian O'Halloran	11	Chisago Lake	4:43.75 4
6	Caleb Rueter	9	North Branch	4:45.62 3
7	Cooper Lucarelli	11	Hermantown	4:48.92 2
8	Sam Baumgardner	10	Hibbing	4:48.96 1
9	Bryce Crotteau	9	Rock Ridge	4:51.08
10	Joel Frost	12	Grand Rapids	4:52.48
11	Matthew Misko	12	Totino-Grace	4:53.28
12	Charles Kroschel	8	Mora	4:58.75
13	Henry Niskanen	8	Mora	4:58.91
14	Aksel Olson	12	Mora	4:58.93
15	Colin Steele	11	Rock Ridge	4:59.64
16	Jacob Sikich	8	Hibbing	5:00.86
17	Caleb Van Drunen	11	Grand Rapids	5:01.22
18	Anden Solberg	10	Chisago Lake	5:03.31
19	Isaac Swanson	12	Cloquet	5:03.61
20	Theo Gutendorf	11	North Branch	5:04.87
21	Kellen Loberg	10	Proctor	5:05.91
22	Isaac Pocrnich	10	Proctor	5:10.23
23	Karter Davis	8	Hermantown	5:10.28
24	Jack Evans	10	Chisago Lake	5:11.65
25	Dominic Duncan	10	Hermantown	5:12.08
26	Isaiah Langer	11	Cloquet	5:13.23
27	Parker Bills	10	Cloquet	5:18.46
28	John Steffen	8	North Branch	5:26.53
29	Caleb Johnson	12	Duluth Denfe	5:27.45
30	Marcos Vega Celis	8	Duluth Denfe	5:34.65
31	Oscar Rassmussen	10	Totino-Grace	5:37.54
32	Jonah Anderson	9	Fridley	5:38.35
33	Adama Trawally	10	Fridley	6:46.48
---	Eli Roufs	10	Duluth Denfe	DNF
---	Ben Hendrickson	10	Fridley	DNS
---	Elliot Johnson	10	Proctor	DNS

Event 210 Girls 3200 Meter Run

Section: 10:48.57 S 5/28/2025 Annika Hall

11:20.98 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	Annika Hall	10	Chisago Lake	10:50.82 QUAL
2	Lainie Jackson	11	Grand Rapids	11:21.35 8
3	Nora Lucarelli	7	Hermantown	11:41.26 6
4	Mylah Murfin	9	Rock Ridge	12:20.80 5
5	Elsa Winbigler	11	Cloquet	12:35.51 4
6	Elin Olson	8	Mora	13:16.77 3
7	Cora Metelak	9	Grand Rapids	13:22.97 2
8	Audrey Berube	12	Cloquet	13:24.59 1
9	Ferrah LaLone	11	Hermantown	13:25.04
10	Addy Papin	10	Rock Ridge	13:39.22
11	Grace Steele	12	Chisago Lake	13:40.12
12	Danika Hurry	9	Totino-Grace	13:45.39
13	Selena Zamora	8	Totino-Grace	13:46.07
14	Hailey Robinson	12	Hibbing	13:47.55
15	Kendal Bol	9	Rock Ridge	13:48.71
16	Vanessa Pascone	11	Duluth Denfe	13:50.70
17	Tess Reilly	11	Grand Rapids	14:02.81

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Finals ... (Event 210 Girls 3200 Meter Run)

Name	Yr	School	Finals
18 Julianne Thomas	12	Totino-Grace	14:24.56
19 Elizabeth Cunningham	9	Cloquet	14:32.77
20 Samantha Herron	11	Proctor	15:49.80
21 Eleanor Carda	12	Mora	16:01.10
22 Anna Raichel	9	Duluth Denfe	16:32.08

Event 211 Boys 3200 Meter Run**Section: 9:33.98 S 5/28/2025 Jack Kendall****9:36.64 QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1 Brenden Sylvester	12	Grand Rapids	9:41.87 10
2 Adrian Rausch	12	Rock Ridge	9:43.65 8
3 Charlie Janezich	9	Hibbing	9:58.62 6
4 Remy Larsen	11	Chisago Lake	10:03.03 5
5 Cian O'Halloran	11	Chisago Lake	10:05.29 4
6 James Downing	7	Grand Rapids	10:05.31 3
7 Caleb Rueter	9	North Branch	10:11.30 2
8 Nathanael Damiani	12	North Branch	10:12.90 1
9 Cooper Lucarelli	11	Hermantown	10:18.55
10 Brady Janezich	11	Hibbing	10:19.79
11 Matthew Misko	12	Totino-Grace	10:28.64
12 Mathew Johnson	12	Grand Rapids	10:39.31
13 Bryce Crotteau	9	Rock Ridge	10:44.21
14 Ellis Allen	12	Cloquet	10:50.48
15 Jack Evans	10	Chisago Lake	11:15.30
16 Isaac Swanson	12	Cloquet	11:22.98
17 Andrew Witkowski	12	North Branch	11:23.51
18 Nolan Friess	9	Proctor	11:24.95
19 Karter Davis	8	Hermantown	11:31.12
20 Cullen Kiedrowski	10	Totino-Grace	11:31.15
21 Marcos Vega Celis	8	Duluth Denfe	11:31.97
22 Laithen Allen	8	Mora	11:38.40
23 Ryan Norenberg	10	Hibbing	11:49.57
24 Jeremiah Bents	10	Cloquet	11:54.08
25 Titus Johnson	9	Proctor	12:02.23
26 Blake Lautigar	9	Rock Ridge	12:02.94
27 Daggen Ohrt	9	Proctor	12:08.12
28 James Stueve	9	Totino-Grace	12:15.92
29 Jayshaun McKinney	12	Fridley	13:21.92
30 Jonah Anderson	9	Fridley	13:22.20
--- Ben Hendrickson	10	Fridley	DNS
--- Anders Olson	8	Mora	DNS
--- Luke Letendre	10	Duluth Denfe	DNS
--- Jude Maruska	10	Duluth Denfe	DNS

Event 212 Girls 100 Meter Hurdles**Section: 15.30 S 5/31/2025 Makenzie Lynch****15.80 QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1 Makenzie Lynch	11	Cloquet	S 14.94QUAL
2 Hattie Eskeli	11	Hibbing	15.92QNWI

3 Hanna Tilberg	11	Mora	16.10QNWI
4 Lily DeBay	10	Grand Rapids	16.23QNWI
5 McKaylie Malek	10	Chisago Lake	16.57q NWI
6 Averi Skalsky	8	Hibbing	17.19q NWI
7 Aubrie Hoard	12	Grand Rapids	17.70q NWI
8 Kira Suominen	10	Cloquet	17.72q NWI
9 Danielle Juntunen	10	Totino-Grace	17.73 NWI
10 Mataya Malek	9	Chisago Lake	17.78 NWI
11 Abigail Sather	12	Rock Ridge	17.95 NWI
12 Joy Carlson	10	Chisago Lake	18.08 NWI
13 Hazel Morris	9	Hermantown	18.21 NWI
14 Kyliee Andreotti	11	North Branch	18.58 NWI
15 Zoe Toivonen	7	Grand Rapids	18.60 NWI
16 Willa Roos	10	Rock Ridge	18.67 NWI
17 Peyton Walters	11	Proctor	18.74 NWI
18 Alex Johnson	10	Duluth Denfe	18.78 NWI
19 Sophia Starkovich	8	Rock Ridge	19.00 NWI
20 Ellia Kastenbauer	12	Mora	19.01 NWI
21 Haley Tilberg	8	Mora	19.82 NWI
22 Raya Trigas	11	Proctor	19.84 NWI
23 Isla Radzak	10	Hermantown	20.76 NWI
24 Laila Eugene	9	Totino-Grace	20.91 NWI
25 Autumn Nelson	12	Hibbing	22.04 NWI
26 Natalie Williams	9	Hermantown	22.10 NWI
27 Aylee Hughes	9	Proctor	22.24 NWI
--- Mila Schull	9	Cloquet	DNS NWI
--- Mariah Student	9	Duluth Denfe	DNS NWI

Event 212 Girls 100 Meter Hurdles**Section: 15.30 S 5/31/2025 Makenzie Lynch****15.80 QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1 Makenzie Lynch	11	Cloquet	15.35 QUAL
2 Lily DeBay	10	Grand Rapids	15.80 QUAL
3 Hattie Eskeli	11	Hibbing	16.04 6
4 McKaylie Malek	10	Chisago Lake	16.06 5
5 Kira Suominen	10	Cloquet	16.87 4
6 Hanna Tilberg	11	Mora	17.11 3
7 Averi Skalsky	8	Hibbing	17.20 2
8 Aubrie Hoard	12	Grand Rapids	17.79 1

Event 213 Boys 110 Meter Hurdles**Section: 14.01 S 5/31/2025 Lorenzo Hampton III****15.16 QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1 Lorenzo Hampton III	12	Fridley	14.52QUAL
2 Zach Wunner	12	Hermantown	15.46QNWI
3 Colt Christensen	11	Grand Rapids	16.05QNWI
4 Aaron McMullen	11	Grand Rapids	16.25QNWI
5 Mason Koverman	11	Mora	16.31q NWI
6 Nick Andreotti	9	North Branch	16.48q NWI
7 Makhli Lyman	10	Mora	16.68q NWI
8 Timothy Grover	12	Duluth Denfe	16.69q NWI

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Name	Yr	School	Prelims
9 Jackson Lenocho	11	Grand Rapids	16.76 NWI
10 Antonin Proulx	12	Hermantown	16.78 NWI
11 Aiden Nelson	12	Cloquet	16.80 NWI
12 Cayden Castellano	11	Rock Ridge	17.04 NWI
13 Beckett Homstad	8	Hermantown	17.09 NWI
14 Ezra Yelengi	10	Proctor	17.33 NWI
15 Kofa Nelson	11	Fridley	17.51 NWI
16 Fisher Hazelton	9	Rock Ridge	18.13 NWI
17 Isaiah Yang	11	North Branch	18.49 NWI
18 Wylie Stenson	12	Hibbing	18.50 NWI
19 Jack Hinzmann	10	Proctor	18.95 NWI
20 Nick Raiber	12	Hibbing	19.70 NWI
21 Carson Robinson	11	Rock Ridge	19.75 NWI
22 Michael Kolecki	10	Mora	19.84 NWI
23 Ezra Kaldor	10	Proctor	20.40 NWI
24 Brayden Jones	11	Cloquet	21.02 NWI
--- Adin Nelson	12	Hibbing	DQ NWI

Event 213 Boys 110 Meter Hurdles

Section: 14.01 S 5/31/2025 Lorenzo Hampton III
15.16 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Lorenzo Hampton III	12	Fridley	14.80 QUAL
2 Zach Wunner	12	Hermantown	15.64 8
3 Makhi Lyman	10	Mora	16.03 6
4 Aaron McMullen	11	Grand Rapids	16.11 5
5 Colt Christensen	11	Grand Rapids	16.36 4
6 Mason Koverman	11	Mora	16.53 3
7 Timothy Grover	12	Duluth Denfe	16.96 2
8 Nick Andreotti	9	North Branch	17.18 1

Event 214 Girls 300 Meter Hurdles

Section: 44.62 S 5/31/2025 Makenzie Lynch
46.76 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Makenzie Lynch	11	Cloquet	S 43.43QUAL
2 Hanna Tilberg	11	Mora	46.44QUAL
3 Hannah Farnsworth	11	Hibbing	47.15Q
4 Kira Suominen	10	Cloquet	47.83Q
5 Hattie Eskeli	11	Hibbing	47.61q
6 Danielle Juntunen	10	Totino-Grace	50.87q
7 Willa Roos	10	Rock Ridge	51.07q
8 McKaylie Malek	10	Chisago Lake	51.17q
9 Ada Miletich	12	Duluth Denfe	51.63
10 Mariah Cave	12	Chisago Lake	52.80
11 Abigail Sather	12	Rock Ridge	52.90
12 Averi Skalsky	8	Hibbing	53.04
13 Quinn Cargill	11	Grand Rapids	53.89
14 Raya Trigas	11	Proctor	54.04
15 Kenadey Landrus	7	Grand Rapids	54.19
16 Hazel Morris	9	Hermantown	54.51

17 Zoe Toivonen	7	Grand Rapids	55.23
18 Mataya Malek	9	Chisago Lake	55.36
19 Kyliee Andreotti	11	North Branch	55.58
20 Sophia Starkovich	8	Rock Ridge	56.01
21 Peyton Walters	11	Proctor	56.43
22 Mari Koverman	9	Mora	57.16
23 Brooke Wiese	12	Hermantown	57.38
24 Haley Tilberg	8	Mora	58.55
25 Laila Eugene	9	Totino-Grace	58.96
26 Isabella Ward	10	North Branch	59.24
27 Isla Radzak	10	Hermantown	59.42
--- Leila Gookins	11	Proctor	DNS
--- Lauren Hughes	12	Cloquet	DNS
--- Mariah Student	9	Duluth Denfe	DNS

Event 214 Girls 300 Meter Hurdles

Section: 44.62 S 5/31/2025 Makenzie Lynch
46.76 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Makenzie Lynch	11	Cloquet	42.94SQUAL
2 Hannah Farnsworth	11	Hibbing	45.78 QUAL
3 Kira Suominen	10	Cloquet	46.20 QUAL
4 Hattie Eskeli	11	Hibbing	46.69 QUAL
5 Hanna Tilberg	11	Mora	46.94 4
6 McKaylie Malek	10	Chisago Lake	49.15 3
7 Danielle Juntunen	10	Totino-Grace	49.48 2
8 Willa Roos	10	Rock Ridge	49.50 1

Event 215 Boys 300 Meter Hurdles

Section: 37.95 S 5/31/2025 Lorenzo Hampton III
40.27 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Lorenzo Hampton III	12	Fridley	39.57QUAL
2 Aiden Nelson	12	Cloquet	40.64Q
3 Aaron McMullen	11	Grand Rapids	41.62Q
4 Colt Christensen	11	Grand Rapids	42.21Q
5 Zach Wunner	12	Hermantown	42.29q
6 Makhi Lyman	10	Mora	42.31q
7 Nick Andreotti	9	North Branch	43.45q
8 Antonin Proulx	12	Hermantown	44.09q
9 Tim Kazmierczak	11	Cloquet	44.20
10 Isaiah Yang	11	North Branch	44.46
11 Jackson Lenocho	11	Grand Rapids	44.73
12 Ezra Yelengi	10	Proctor	44.80
13 Isaac Benedict	10	North Branch	45.02
14 Wylie Stenson	12	Hibbing	45.15
15 Liam Murph	10	Rock Ridge	45.96
16 Kestan Bradley	11	Hermantown	46.46
17 Cayden Castellano	11	Rock Ridge	46.74
18 Carson Robinson	11	Rock Ridge	46.80
19 Nick Raiber	12	Hibbing	47.47
20 Kofa Nelson	11	Fridley	47.94
21 Laythen Joseph	9	Cloquet	47.96

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Preliminaries ... (Event 215 Boys 300 Meter Hurdles)				
Name		Yr	School	Prelims
22	Logan Ruotsalainen	10	Proctor	48.10
23	Lincoln Perry	10	Chisago Lake	48.42
24	Jack Hinzmann	10	Proctor	49.86
25	Michael Kolecki	10	Mora	50.04
26	Ethan Gould	9	Duluth Denfe	50.37
27	Gideon Riopel	10	Fridley	50.57
28	Timothy Grover	12	Duluth Denfe	51.40
---	Adin Nelson	12	Hibbing	DNS

Event 215 Boys 300 Meter Hurdles				
Section:		37.95 S	5/31/2025	Lorenzo Hampton III
40.27		QUAL State Qualifier		
Name		Yr	School	Finals
Finals				
1	Lorenzo Hampton III	12	Fridley	38.35 QUAL
2	Makhi Lyman	10	Mora	39.68 QUAL
3	Aiden Nelson	12	Cloquet	40.84 6
4	Aaron McMullen	11	Grand Rapids	42.19 5
5	Colt Christensen	11	Grand Rapids	42.35 4
6	Zach Wunner	12	Hermantown	42.73 3
7	Nick Andreotti	9	North Branch	43.89 2
8	Antonin Proulx	12	Hermantown	44.35 1

Event 216 Girls 4x100 Meter Relay				
Section:		49.17 S	5/31/2025	North Branch Area
E Kuhlman, D Esget, E Dick, S Thorsen		49.76	QUAL State Qualifier	
Team		Relay	Finals	
Finals				
1	North Branch Area		49.34	QUAL
	1) Rachel Halseth 9	2) Sophia Thorsen 11		
	3) Kailie Kopp 12	4) Ella Dick 12		
2	Hibbing		49.99	8
	1) Hannah Farnsworth 11	2) Arizona Ridlon 8		
	3) Hattie Eskeli 11	4) Haley Mount 11		
3	Rock Ridge		50.04	6
	1) Lahna Gelo 11	2) Zoey Thyen 12		
	3) Ellie Dimberio 8	4) Lizzy Fultz 12		
4	Chisago Lakes		51.06	5
	1) Rowan Klinkner 12	2) McKaylie Malek 10		
	3) Alexandra Bartz 12	4) Addison Griffin 11		
5	Hermantown		52.77	4
	1) Eva Elnes 10	2) Taraji Holets 9		
	3) Claire Niksich 12	4) Jailynn Sherill 10		
6	Duluth Denfeld		53.02	3
	1) Izzy Novak 10	2) Claire Roufs 12		
	3) Victoria Nylund 11	4) Keyarra Cronin 9		
7	Grand Rapids		53.37	2
	1) Lily DeBay 10	2) Brooklyn Detjen 9		
	3) Ruby Mariano 7	4) Ava Major 10		
8	Mora		55.60	1
	1) Etta Bakke 9	2) Lydia Rue 7		
	3) Jane Olson 11	4) Ava Koch 9		

9	Proctor	56.68
	1) Brielle Rotenberger 9	2) Ashley Geving 10
	3) Nikki Walters 9	4) Lilly Giernett 9
10	Totino-Grace	57.93
	1) Laila Eugene 9	2) Charleigh Lage 9
	3) Abigail Berglin 9	4) Evalyn Gorgos 9
11	Cloquet	58.13
	1) Zoe Jazdzewski 9	2) An'Marie Purcell 9
	3) Caroline French 9	4) Evelyn Wagner 9
12	Fridley	58.52
	1) Marley Riopel 11	2) Da'Liah Lacy-Martin 11
	3) Marang Manneh 10	4) Shalayah Woodard 12

Event 217 Boys 4x100 Meter Relay				
Section:		43.30 S	5/31/2025	Hermantown
T Homstad, C Peterson, G Johnson, M Sleen				
43.23		QUAL State Qualifier		
Team		Relay	Finals	
Finals				
1	Hermantown		42.99S	QUAL
	1) Tanner Homstad 12	2) Owen Simonson 11		
	3) Corban Peterson 12	4) Martin Sleen 11		
2	Mora		44.14	8
	1) Oliver Johnson 9	2) Jude Hougum 10		
	3) Mason Koverman 11	4) Levi Doughty 11		
3	Duluth Denfeld		44.55	6
	1) Noah Nephew 11	2) Trenton Lavine 11		
	3) Deon Bergner 12	4) Keelajah Thomas 11		
4	Hibbing		44.65	5
	1) Clayton Horst 11	2) Elliot White 9		
	3) Calvin Skaja 10	4) Mason McDonald 12		
5	Grand Rapids		45.37	4
	1) Fynn Schlicht 11	2) Hekmat Ghaznavi 11		
	3) Marley Dabney 10	4) Michel Nichols 10		
6	Proctor		45.49	3
	1) A'Maree Bullock 10	2) Ama'Zeon Bullock 10		
	3) Anthony Busam 12	4) Riley Marshall 11		
7	North Branch Area		45.65	2
	1) Cohen Baker 9	2) Nolan Weidenhamer 10		
	3) Elias Strini 9	4) William Determan 10		
8	Rock Ridge		46.28	1
	1) Payton Parks 12	2) Jesse Brunner 12		
	3) Nick Stark 10	4) Beckett Engel 11		
9	Totino-Grace		50.12	
	1) Wesley Owens 9	2) Theodore Burkhaw 9		
	3) Fletcher Julkowski 9	4) Walter Merrill 9		
10	Cloquet		54.85	
	1) Daylen Wilson 12	2) Charlie Hughes 9		
	3) Davis Snedrud 11	4) Milo Wilson 10		
---	Fridley		DNF	
	1) Malik Dade 10	2) Brent Korti 10		
	3) Lorenzo Hampton III 12	4) Samuel Ayers 12		
---	Chisago Lakes		DQ	
	1) Ieuan Bailey 12	2) Brooks Peterson 9		
	3) Jacob Grabow 12	4) Cohen Underhill 12		

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Event 218 Girls 4x200 Meter Relay

Section: 1:43.25 S 6/1/2024 North Branch
D Dick, S Thorsen, S Benedict, D Esget
1:45.08 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Rock Ridge		1:45.73 10
1) Miia Johnson 11	2) Aili Lautigar 9	
3) Zoey Thyen 12	4) Lizzy Fultz 12	
2 Hermantown		1:48.44 8
1) Eva Elnes 10	2) Taraji Holets 9	
3) Claire Niksich 12	4) Jailyann Sherill 10	
3 Chisago Lakes		1:48.71 6
1) Rowan Klinkner 12	2) Aavry Freborg 10	
3) Alexandra Bartz 12	4) Addison Griffin 11	
4 Proctor		1:49.45 5
1) Gianna Hansen 12	2) Lola Witty 12	
3) Peyton Walker 11	4) Isabella McPhee 12	
5 Grand Rapids		1:53.68 4
1) Brooklyn Detjen 9	2) Aubrie Hoard 12	
3) Mikaela Alzen 9	4) Ruby Mariano 7	
6 Hibbing		1:54.51 3
1) Averil Skalsky 8	2) Olivia Theien 10	
3) Daphne Wetzel 9	4) Ruby Betters 9	
7 North Branch Area		1:56.21 2
1) Amelia Lattimore 10	2) Brielle Nilsson 11	
3) Alyson Hammond 10	4) Trista Raine 9	
8 Duluth Denfeld		1:56.37 1
1) Izzy Novak 10	2) Ahnika Fossum 12	
3) Keyarra Cronin 9	4) Victoria Nylund 11	
9 Mora		2:00.65
1) Etta Bakke 9	2) Lydia Rue 7	
3) Jane Olson 11	4) Ava Koch 9	
10 Totino-Grace		2:03.57
1) Danielle Juntunen 10	2) Evalyn Gorgos 9	
3) Abigail Berglin 9	4) Adele Denton 10	
11 Fridley		2:05.67
1) Marley Riopel 11	2) Marang Manneh 10	
3) Da'Liah Lacy-Martin 11	4) Shalayah Woodard 12	
12 Cloquet		2:05.88
1) Zoe Jazdzewski 9	2) An'Marie Purcell 9	
3) Caroline French 9	4) Evelyn Wagner 9	

Event 219 Boys 4x200 Meter Relay

Section: 1:28.38 S 5/31/2025 Totino-Grace
M Strong, J Miller, A Archille, J Young
1:30.11 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Totino-Grace		1:31.59 10
1) Joseph Schlaefer 12	2) Ryan Lamb 10	
3) Michael Sarych 12	4) Jaden Miller 12	

2 Duluth Denfeld		1:32.26 8
1) Isaiah Tanui 12	2) Trenton Lavine 11	
3) Christian Lavine 11	4) Thomas Oppelt 10	
3 Mora		1:32.63 6
1) Oliver Johnson 9	2) Mason Koverman 11	
3) Levi Doughty 11	4) Jude Houglum 10	
4 Hibbing		1:33.34 5
1) Reece Ringhofer 12	2) Mason McDonald 12	
3) Isaac Hendrickson 12	4) Julien Fisher 12	
5 Hermantown		1:33.97 4
1) Tanner Homstad 12	2) Quinn Raukar 11	
3) Zach Wunner 12	4) Kestan Bradley 11	
6 Rock Ridge		1:34.04 3
1) Ashton Novak 11	2) Jesse Brunner 12	
3) Payton Parks 12	4) Beckett Engel 11	
7 Cloquet		1:37.06 2
1) Davis Snedrud 11	2) Charlie Hughes 9	
3) Blake Prosen 11	4) Matthew Mangan 11	
8 Grand Rapids		1:37.28 1
1) Cody Major 10	2) Marley Dabney 10	
3) John Kopacek 12	4) Brooks Skelton 8	
9 Proctor		1:37.66
1) A'Maree Bullock 10	2) Ama'Zeon Bullock 10	
3) Anthony Busam 12	4) Oscar Ziells 11	
10 North Branch Area		1:39.90
1) Isaac Benedict 10	2) Rowan Mechtel 9	
3) Owen Thorstenson 11	4) Luke Jensen 11	
11 Fridley		1:41.49
1) Malique Nimely 10	2) Dre'Monte Cannon 11	
3) Brandon Sonephady 9	4) Gideon Riopel 10	
--- Chisago Lakes		DQ
1) Ieuan Bailey 12	2) Donald Karpenko 11	
3) Lincoln Perry 10	4) Caiden Bonds 12	

Event 220 Girls 4x400 Meter Relay

Section: 4:00.48 S 6/1/2024 North Branch
D Dick, D Esget, S Thorsen, E Kuhlman
4:03.78 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Hibbing		4:07.38 10
1) Hannah Farnsworth 11	2) Haley Mount 11	
3) Bailey Bottoms 9	4) Brynn Babich 12	
2 Mora		4:11.88 8
1) Ella Yatckoske 8	2) Macy Qual 7	
3) Brianna Koch 12	4) Hanna Tilberg 11	
3 Duluth Denfeld		4:16.09 6
1) Ada Miletich 12	2) Adriana Pascone 8	
3) Cadel Pohl 9	4) Claire Roufs 12	
4 Proctor		4:16.15 5
1) Isabella McPhee 12	2) Madison Kilgore 9	
3) Ellie Pease 11	4) Gianna Hansen 12	
5 Totino-Grace		4:17.34 4
1) Precilia Kpoo 12	2) Olivia Tapp 11	
3) Noelle Brown 10	4) Berlyn Hartinger 10	

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Finals ... (Event 220 Girls 4x400 Meter Relay)

Team	Relay	Finals
6 Chisago Lakes		4:18.50 3
1) Averiana Gellerman 10	2) Mariah Cave 12	
3) Kianna Osmundson 10	4) Annika Hall 10	
7 Rock Ridge		4:22.41 2
1) Marley Kaivola 9	2) Willa Roos 10	
3) Mylah Murfin 9	4) Arie Bialke 7	
8 Grand Rapids		4:28.04 1
1) Ava Limberg 11	2) Halle Karkela 10	
3) Lainie Jackson 11	4) Lily Christenson 9	
9 North Branch Area		4:29.13
1) Ava Witkowski 10	2) Evelina Gilkerson 12	
3) Vayda Kester 8	4) Savannah Schroepfer 9	
10 Hermantown		4:32.87
1) Kenzie Johnson 10	2) Morgan Panichi 11	
3) Nora Lucarelli 7	4) Ryann Knight 8	
11 Cloquet		4:34.00
1) Zoe Jazdzewski 9	2) Emma Berube 9	
3) Jordan Linder 11	4) Elsa Winbigler 11	

Event 221 Boys 4x400 Meter Relay

Section: 3:24.52 S 5/31/2025 Totino-Grace

M Strong, M Lindgren, V Jacob, J Young

3:27.87 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Grand Rapids		3:28.89 10
1) Lucas Rychart 12	2) Brenden Sylvester 12	
3) Hekmat Ghaznavi 11	4) Michel Nichols 10	
2 Cloquet		3:31.60 8
1) Aiden Nelson 12	2) Blake Prosen 11	
3) Evan Rothamel 11	4) Andrew Shepherd 12	
3 Hibbing		3:33.29 6
1) Elliot White 9	2) Isaac Farnsworth 10	
3) Jacob St. George 10	4) Jake Walli 12	
4 Rock Ridge		3:34.43 5
1) Ashton Novak 11	2) Kaden Amundson 12	
3) Adrian Rausch 12	4) Tyler Wudinich 12	
5 Totino-Grace		3:35.24 4
1) Ryan Lamb 10	2) Eric Lindgren 10	
3) Cullen Kiedrowski 10	4) Joseph Schlaefer 12	
6 Mora		3:36.04 3
1) Makhi Lyman 10	2) Jude Houglum 10	
3) Caleb Evenson 12	4) Dawson Smart 12	
7 Duluth Denfeld		3:39.60 2
1) Tristan Williams 10	2) Kaleb Lundberg 10	
3) Ayden Atkins 11	4) Thomas Oppelt 10	
8 Chisago Lakes		3:40.02 1
1) Caiden Bonds 12	2) Remy Larsen 11	
3) Kaden Osmundson 12	4) Evan Mcgonigle 11	
9 North Branch Area		3:49.00
1) Isaac Benedict 10	2) Joseph Damiani 12	
3) Ethan Rueter 10	4) Caleb Rueter 9	

10 Hermantown 3:50.60

1) Nathan Gjessing 12 2) Bode Madill 12
3) Jordan Wilcox 11 4) Luke McDonald 10

11 Proctor 3:51.29

1) Scott Reyelts 10 2) Gavin Roth 9
3) Logan Ruotsalainen 10 4) Ryan Donahue 11**Event 222 Girls 4x800 Meter Relay**

Section: 9:32.61 S 6/1/2024 Hibbing

T Hertling, J Strukel, J Anderson, M Sullivan

9:47.23 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Grand Rapids		10:03.85 10
1) Ava Limberg 11	2) Kate Swenson 12	
3) Cora Metelak 9	4) Lily Christenson 9	
2 Hibbing		10:15.22 8
1) Ava Vidmar 9	2) Ruby Betters 9	
3) Ava Egan 8	4) Avery Kukowski 11	
3 Rock Ridge		10:22.99 6
1) Nora Stark 12	2) Alexis Lamppa 12	
3) Maija Lamppa 12	4) Mylah Murfin 9	
4 Chisago Lakes		10:28.76 5
1) Averiana Gellerman 10	2) Arianna Husfeldt 10	
3) Kara Hall 9	4) Lauren Kowarsch 12	
5 Hermantown		10:46.23 4
1) Morgan Panichi 11	2) Charlotte Riel 9	
3) Ryann Knight 8	4) Kenzie Johnson 10	
6 North Branch Area		10:46.95 3
1) Lilly Stelmack 9	2) Vayda Kester 8	
3) Evelina Gilkerson 12	4) Ava Witkowski 10	
7 Proctor		10:51.80 2
1) Jayden Larson 11	2) Bea Hieb 9	
3) Cassidy Bakk 9	4) Madison Kilgore 9	
8 Mora		10:56.71 1
1) Macy Degerstrom 10	2) Anna Crisman 7	
3) Ella Yatckoske 8	4) Ada Halverson 12	
9 Cloquet		11:36.49
1) Vienna Rosebrock 10	2) Caylie Colemer 9	
3) Sophia Cawcutt 9	4) Jordan Linder 11	
10 Totino-Grace		11:53.68
1) Elle Vandermyde 10	2) Frida Morales-Onofre 12	
3) Mara Thomas 10	4) Julianne Thomas 12	

Event 223 Boys 4x800 Meter Relay

Section: 8:14.76 S 5/31/2025 Cloquet

I Berube, A Korby, E Rothamel, A Shepherd

8:12.67 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Cloquet		8:07.78SQUAL
1) Ellis Allen 12	2) Aiden Korby 11	
3) Evan Rothamel 11	4) Andrew Shepherd 12	

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Finals ... (Event 223 Boys 4x800 Meter Relay)

Team	Relay	Finals
2 Hibbing		8:09.93S QUAL
1) Brady Janezich 11	2) Sam Baumgardner 10	
3) Jaiden Touchstone 12	4) Jake Walli 12	
3 Chisago Lakes		8:30.35 6
1) Remy Larsen 11	2) Nash Cooksley 10	
3) Samuel Heaser 8	4) Kaden Osmundson 12	
4 Grand Rapids		8:49.01 5
1) Joseph Johnson 9	2) Austin Pellinen 11	
3) Lucas Varin 10	4) Bennett Williams 10	
5 North Branch Area		8:51.55 4
1) Theo Gutendorf 11	2) Andrew Witkowski 12	
3) William Stelmack 10	4) Joseph Damiani 12	
6 Rock Ridge		8:53.39 3
1) Colin Steele 11	2) Hollis Frost 12	
3) Nolan Peterson 12	4) Kaden Amundson 12	
7 Mora		8:55.50 2
1) Henry Niskanen 8	2) Charles Kroschel 8	
3) Ryan Lind 10	4) Dawson Smart 12	
8 Hermantown		9:09.13 1
1) Dominic Duncan 10	2) Bode Madill 12	
3) Jordan Wilcox 11	4) Cody Carlson 8	
9 Totino-Grace		9:13.90
1) Cullen Kiedrowski 10	2) William Meyer 9	
3) Grant Lepsch 9	4) Santiago Zamora 10	
10 Proctor		9:35.38
1) Jacob Sellers 10	2) Nevada Ciacchio-Carlson 10	
3) Logan Ruotsalainen 10	4) Emmett Budisalovich 10	
11 Duluth Denfeld		9:35.41
1) Caleb Johnson 12	2) Eli Roufs 10	
3) Steel Yeaton 10	4) Andrew Bartling 11	

Event 224 Girls High Jump

Section: 5-03 S 5/28/2025 Ginger Pogorelc

Section: 5-03 S 6/1/2022 Olivia Jameson

5-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Mikenna Fritzke	10	Chisago Lake	5-02.00 QUAL
2 Mya Fix	10	Mora	5-01.00 8
3 Jai Lynn Sherill	10	Hermantown	5-01.00 6
4 Ginger Pogorelc	12	Grand Rapids	5-00.00 5
5 Sarah Lumaya	11	Totino-Grace	5-00.00 4
6 Savannah Schroepfer	9	North Branch	5-00.00 3
7 Macy Qual	7	Mora	4-11.00 2
8 Alyza Fratzke	11	Mora	4-11.00 0.5
8 Amelia Lattimore	10	North Branch	4-11.00 0.5
10 Sophie Roark	12	Rock Ridge	4-10.00
11 Lahna Gelo	11	Rock Ridge	4-08.00
11 Abigail Sather	12	Rock Ridge	4-08.00
13 Olivia Schleif	9	Chisago Lake	4-08.00
14 Peyton Walker	11	Proctor	4-08.00
15 Ava Schroepfer	11	North Branch	4-08.00
16 Sophie Rychart	10	Grand Rapids	4-06.00

17 Gianna Manning	11 Hibbing	4-06.00
17 Ella Wielenga	9 Totino-Grace	4-06.00
19 Ruby Betters	9 Hibbing	4-04.00
21 Zoe Jazdzewski	9 Cloquet	4-04.00
21 Raya Trigas	11 Proctor	4-04.00
23 Halle Karkela	10 Grand Rapids	4-04.00
24 Lilly Grieco	9 Hermantown	4-04.00
24 Peyton Walters	11 Proctor	4-00.00
24 Victoria Nylund	11 Duluth Denfe	4-00.00
--- Lauren Hughes	12 Cloquet	DQ

Event 225 Boys High Jump

Section: 6-05 S 5/31/2025 Trenton Jones-Woodall

6-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Bryce Lien	10	Duluth Denfe	6-03.00 QUAL
2 Jacob St. George	10	Hibbing	6-02.00 QUAL
3 Joseph Sutherland	12	Grand Rapids	6-00.00 6
4 Liam Murph	10	Rock Ridge	5-10.00 4
4 Ethan Jeanette	9	Duluth Denfe	5-10.00 4
4 Daylen Wilson	12	Cloquet	5-10.00 4
7 Colt Christensen	11	Grand Rapids	5-10.00 2
8 Mason Koverman	11	Mora	5-10.00 1
9 Antonin Proulx	12	Hermantown	5-10.00
10 Beckett Homstad	8	Hermantown	5-08.00
11 Trey Cleveland	12	Grand Rapids	5-08.00
12 Nolan Weidenhamer	10	North Branch	5-08.00
13 Carter Lust	11	Cloquet	5-08.00
14 Oscar Ziells	11	Proctor	5-06.00
14 Marek Nelson	9	Mora	5-06.00
16 Joey Wallace	11	Hermantown	5-06.00
17 Fisher Hazelton	9	Rock Ridge	5-06.00
17 Malique Nimely	10	Fridley	5-06.00
19 Allen Erickson	9	North Branch	5-06.00
20 Ryan Donahue	11	Proctor	5-06.00
21 Michael Burnes	11	Rock Ridge	5-06.00
22 Marcellers Flowers	9	Mora	5-04.00
23 Matthew Mangan	11	Cloquet	5-04.00
24 Mikko Boben	10	Hibbing	5-02.00
25 Keagan Vance	10	Totino-Grace	5-02.00
26 Thomas Majchrzak	9	Duluth Denfe	5-00.00
26 William Donley	10	Totino-Grace	5-00.00
28 Daxton Cary	10	Hibbing	5-00.00
--- Jacob Grabow	12	Chisago Lake	NH
--- Jah'Barri Hall	9	Fridley	DNS
--- Isaiah Luellen	12	Totino-Grace	DNS

Event 226 Girls Pole Vault

Section: 12-03 S 6/4/2022 Julia Gherardi

10-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Ella Dick	12	North Branch	12-00.00 QUAL
2 Brooke Giese	12	North Branch	10-10.00 QUAL

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Results**Finals ... (Event 226 Girls Pole Vault)**

Name	Yr	School	Finals
3 Savannah Schroepfer	9	North Branch	9-06.00 6
4 Ada Miletich	12	Duluth Denfe	9-00.00 5
5 Brooklyn Bethke	11	Totino-Grace	8-06.00 4
6 Miia Johnson	11	Rock Ridge	8-06.00 3
7 Alli Weix	11	Cloquet	8-00.00 2
8 Andrea Basarich	11	Grand Rapids	8-00.00 1
9 Emilia Swan	11	Totino-Grace	8-00.00
9 Ayla Winter	12	Chisago Lake	8-00.00
11 Sophie Roark	12	Rock Ridge	8-00.00
12 Kenadey Landrus	7	Grand Rapids	7-06.00
12 Sasha Roche	10	Chisago Lake	7-06.00
14 Alex Johnson	10	Duluth Denfe	7-06.00
15 Daphne Wetzel	9	Hibbing	7-06.00
16 Isabella McPhee	12	Proctor	7-00.00
16 Jaimey Jessen-Olson	12	Chisago Lake	7-00.00
18 Esther Rude	7	Grand Rapids	7-00.00
19 Evelyn Wagner	9	Cloquet	7-00.00
19 Ellie Pease	11	Proctor	7-00.00
21 Elsa Broman	10	Hermantown	6-06.00
21 Stella Halter	10	Hibbing	6-06.00
23 Sloan Isaacs	10	Hibbing	6-06.00
24 Bianca Ventura	11	Rock Ridge	6-06.00
--- Isabellah Scholz	9	Proctor	NH
--- Anna Bergerson	10	Hermantown	NH
--- Madelyn Brannan	11	Duluth Denfe	NH
--- Clara Niskanen	12	Mora	NH

Event 227 Boys Pole Vault

Section: 13-11 S 5/29/2024 Trent Guth

13-01.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Broderick Berglin	12	Totino-Grace	12-09.00 10
2 Austin Pellinen	11	Grand Rapids	12-09.00 8
3 Wylie Stenson	12	Hibbing	12-05.00 6
4 Icen Russ-Selorigo	11	Cloquet	12-01.00 5
5 Evan Abate	10	Hibbing	12-01.00 4
6 Reece Ringhofer	12	Hibbing	11-09.00 3
7 Lincoln Battles	12	Chisago Lake	11-05.00 2
8 Joel Linden	10	Cloquet	10-11.00 0.5
8 Cody Major	10	Grand Rapids	10-11.00 0.5
10 Hollis Frost	12	Rock Ridge	10-11.00
11 Bruce Sweno	9	Chisago Lake	10-05.00
12 Tobias Schunk	12	Proctor	9-11.00
13 Najib Liassou	9	Duluth Denfe	9-11.00
14 William Stelmack	10	North Branch	9-11.00
15 Demani Wilson	12	Cloquet	9-11.00
16 Sawyer Schultz	9	Mora	9-05.00
17 Aksel Olson	12	Mora	8-11.00
17 Lucas Varin	10	Grand Rapids	8-11.00
17 Owen Simonson	11	Hermantown	8-11.00
20 Dakota Peterson	10	Proctor	8-11.00
20 Boone Schultz	8	Mora	8-11.00

22 Eli Steinke	11	North Branch	8-11.00
23 Jace Schmitz	9	Rock Ridge	8-05.00
24 Trevor Ranisate	10	Rock Ridge	8-05.00
24 Cohen Baker	9	North Branch	8-05.00
--- Daniel Crandall	9	Chisago Lake	NH
--- Alistair Medved	10	Totino-Grace	NH
--- Henrik Johnson	10	Hermantown	NH
--- Henry Dennis	9	Proctor	NH
--- Hudson Folen	10	Hermantown	NH

Event 228 Girls Long Jump

Section: 17-01.50 S 5/28/2025 Makenzie Lynch

16-06.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Makenzie Lynch	11	Cloquet	17-08.00SQUAL
2 Sophia Thorsen	11	North Branch	16-07.00 QUAL
3 Amelia Lattimore	10	North Branch	16-06.00 QUAL
4 Kailie Kopp	12	North Branch	15-11.00 5
5 Addison Griffin	11	Chisago Lake	15-10.50 4
6 Claire Roufs	12	Duluth Denfe	15-07.50 3
7 Ginger Pogorelc	12	Grand Rapids	15-05.00 2
8 McKaylie Malek	10	Chisago Lake	15-04.00 1
9 Olivia Tapp	11	Totino-Grace	15-01.00 1.7
10 Eva Elnes	10	Hermantown	14-07.00 -1.2
11 Lillian Talarico	11	Proctor	14-07.00 -1.7
12 Alexandra Bartz	12	Chisago Lake	14-01.25 -1.9
13 Daphne Wetzel	9	Hibbing	14-01.25 0.4
14 Sophie Roark	12	Rock Ridge	14-01.00 -1.3
15 Aubrie Hoard	12	Grand Rapids	13-10.50 -0.8
16 Alex Johnson	10	Duluth Denfe	13-08.50 -2.4
17 Claire Niksich	12	Hermantown	13-07.00 -2.4
19 Dakota Wakefield	11	Hermantown	13-07.00 -0.5
19 Lana Frederick	10	Rock Ridge	13-05.50 -0.5
20 Abigail Farnsworth	8	Hibbing	13-05.00 -0.3
21 Precilia Kpoo	12	Totino-Grace	13-04.50 -1.7
22 Malen Iparragire	12	Hibbing	13-03.25 -1.2
23 Isabella Rock	10	Duluth Denfe	13-02.50 -0.3
24 Aylee Hughes	9	Proctor	13-01.50 -1.5
25 Ellia Kastenbauer	12	Mora	13-00.50 -2.0
26 Avery Maturi	8	Rock Ridge	12-09.00 -1.9
27 Sophie Rychart	10	Grand Rapids	12-07.00 0.3
28 Camryn Carter	12	Proctor	12-05.00 -1.2
29 Mari Koverman	9	Mora	12-03.00 -0.5
31 Jane Olson	11	Mora	12-03.00 -1.5
--- Lauren Hughes	12	Cloquet	DQ -2.3

Event 229 Boys Long Jump

Section: 21-10.25 S 6/1/2024 Fadel Johnson

21-00.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Cohen Underhill	12	Chisago Lake	21-11.50 QUAL
2 Tanner Homstad	12	Hermantown	21-09.50 QUAL
3 Nolan Weidenhamer	10	North Branch	21-09.00 QUAL

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Results**Finals ... (Event 229 Boys Long Jump)**

Name	Yr	School	Finals
4 Daylen Wilson	12	Cloquet	21-09.00 QUAL
5 Owen Simonson	11	Hermantown	21-05.00 QUAL
6 Cedric Onuoha	10	Duluth Denfe	20-05.25 3
7 Levi Doughty	11	Mora	20-01.00 2
8 Fynn Schlicht	11	Grand Rapids	19-11.50 1
9 Trey Cleveland	12	Grand Rapids	19-09.00 3.3
10 Jude Hougum	10	Mora	19-06.50 3.4
11 Caleb Evenson	12	Mora	19-02.50 2.6
12 Carter Lust	11	Cloquet	19-02.00 3.6
13 Trevor Anderson	12	Proctor	19-00.50 2.4
14 Ben Bakk	10	Rock Ridge	18-11.50 3.3
15 William Determan	10	North Branch	18-10.50 1.4
16 Bryce Lien	10	Duluth Denfe	18-09.50 2.0
17 Jacob St. George	10	Hibbing	18-09.00 4.1
18 Quinn Raukar	11	Hermantown	18-08.75 1.8
19 AmaZeon Bullock	10	Proctor	18-07.00 3.9
20 Dre'Monte Cannon	11	Fridley	18-06.25 1.7
21 Milo Wilson	10	Cloquet	18-00.00 2.6
22 Joseph Sutherland	12	Grand Rapids	17-10.00 3.8
23 Rowan Mechtel	9	North Branch	17-10.00 2.8
24 Jacaiah Austin	8	Rock Ridge	17-09.25 2.0
25 Levi Steinbrecher	9	Hibbing	17-09.00 2.9
26 Najib Liassou	9	Duluth Denfe	17-08.00 1.5
27 Brandon Sonephady	9	Fridley	17-07.00 3.3
28 Gideon Riopel	10	Fridley	17-03.50 1.9
29 Clayton Horst	11	Hibbing	17-03.50 3.5
30 Rocco Donofrio	11	Proctor	17-02.50 3.3
31 Jackson Tapp	8	Totino-Grace	17-02.50 2.9
32 Vincent Case	10	Totino-Grace	16-09.00 3.3
33 Jonathan Crain	11	Rock Ridge	15-06.00 1.3
34 Theodore Burkhaw	9	Totino-Grace	15-03.00 3.3

Event 230 Girls Triple Jump

Section: 36-09.25 S 5/31/2025 Gianna Hansen

35-06.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Makenzie Lynch	11	Cloquet	36-05.00 QUAL
2 Eva Elnes	10	Hermantown	35-09.00 QUAL
3 Ginger Pogorelc	12	Grand Rapids	35-05.75 6
4 Arie Bialke	7	Rock Ridge	35-03.50 5
5 Gianna Hansen	12	Proctor	34-07.00 4
6 Amelia Lattimore	10	North Branch	33-08.50 3
7 Jacinda Wilcox	12	Rock Ridge	33-07.75 2
8 Kailie Kopp	12	North Branch	33-06.50 1
9 Lily Zbylut	9	Chisago Lake	32-06.00 -1.4
10 Olivia Tapp	11	Totino-Grace	32-01.25 -0.9
11 Gianna Manning	11	Hibbing	31-02.25 0.6
12 Cora McNear	9	Grand Rapids	31-00.75 -1.5
13 Olivia Erickson	12	North Branch	30-09.00 -2.0
14 Brianna Koch	12	Mora	30-07.50 -2.2
15 Dakota Wakefield	11	Hermantown	30-04.25 -2.8
16 Isla Radzak	10	Hermantown	30-02.50 -2.1

17 Alex Johnson	10 Duluth Denfe	30-01.00 -2.4
18 Lillian Talarico	11 Proctor	29-06.00 -1.4
19 Abigail Sather	12 Rock Ridge	29-05.75 -0.8
20 Jayden Larson	11 Proctor	29-00.75 -4.6
21 Ellia Kastenbauer	12 Mora	28-09.00 -2.7
22 Vivian Damjanovich	8 Hibbing	28-05.00 -1.0
23 Vivian Pogorelc	11 Grand Rapids	27-11.00 -5.0
24 Abigail Farnsworth	8 Hibbing	27-06.00 -2.2
25 Isabella Rock	10 Duluth Denfe	27-05.50 -2.2
26 Mari Koverman	9 Mora	26-10.00 -1.9
27 Aavry Freborg	10 Chisago Lake	26-08.75 -1.9
28 Laila Eugene	9 Totino-Grace	25-09.50 0.3
--- Maliah Jansma	10 Chisago Lake	FOUL

Event 231 Boys Triple Jump

Section: 46-11 S 5/29/2024 Fadel Johnson

42-10.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Fynn Schlicht	11	Grand Rapids	43-04.00 QUAL
2 Tanner Homstad	12	Hermantown	42-11.00 QUAL
3 Daylen Wilson	12	Cloquet	42-03.50 6
4 Jacob St. George	10	Hibbing	41-06.50 5
5 Carter Lust	11	Cloquet	41-00.25 4
6 Bryce Lien	10	Duluth Denfe	41-00.25 3
7 Trey Cleveland	12	Grand Rapids	40-10.50 2
8 William Determan	10	North Branch	40-09.50 1
9 Kestan Bradley	11	Hermantown	40-08.00 2.1
10 Bradyn Scholl	11	Grand Rapids	39-06.25 1.7
11 Levi Steinbrecher	9	Hibbing	39-04.00 0.8
12 Corbin Petcoff	10	Hermantown	38-00.75 2.5
13 Gavin Aho	11	Proctor	37-00.50 0.9
14 Joseph Schlafer	12	Totino-Grace	36-09.00 1.6
15 Mikko Boben	10	Hibbing	36-05.75 0.9
16 Kaleb Dickinson	10	Rock Ridge	36-01.50 2.7
17 Anders Rice	11	Cloquet	35-07.50 +0.0
18 Sawyer Schultz	9	Mora	35-01.75 0.7
19 Lukas White	12	Proctor	34-02.00 2.6
20 Wesley Owens	9	Totino-Grace	34-02.00 2.8
21 Jonathan Crain	11	Rock Ridge	33-07.50 2.6
22 Liam Holland	9	Rock Ridge	33-02.00 2.8
23 Jaythan Lee	9	Mora	31-04.00 -0.3
--- Cedric Onuoha	10	Duluth Denfe	FOUL
--- Chase Erickson	12	Duluth Denfe	DNS NWI

Event 232 Girls Discus Throw

Section: 118-06 S 6/1/2022 Seija Suominen

110-02 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Madison Eagle	10	Chisago Lake	120-07.00SQUAL
2 Nattie Butler	12	Cloquet	116-04.00 QUAL
3 Linnea Carlson	11	Chisago Lake	113-06.00 QUAL
4 Ava Luiten	12	Cloquet	112-08.00 QUAL
5 Jenna Lukenbill	12	Mora	110-09.00 QUAL

MSHSL Section 7AA Championships
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Rock Ridge HS - 5/27/2026 to 5/30/2026
Results

Finals ... (Event 232 Girls Discus Throw)

	Name	Yr	School	Finals
6	Heidi Hedberg	12	North Branch	109-11.00 3
7	Adrianna Vittori	11	Hibbing	107-05.00 2
8	Freya Lopez	12	Cloquet	104-07.00 1
9	Mariana Cooksley	12	Chisago Lake	97-10.00
10	Mars Lairson	12	North Branch	93-00.00
11	Ava Neururer	12	Grand Rapids	91-10.00
12	Laney Gunderson	11	Hermantown	91-07.00
13	Marlene Ericson	11	Grand Rapids	87-05.00
14	Isabella Jolicoeur	8	Grand Rapids	86-04.00
15	Georgia Duffy	12	Rock Ridge	85-03.00
16	Jacinda Wilcox	12	Rock Ridge	83-11.00
17	Lucy Bell	12	Duluth Denfe	82-08.00
18	Alexis Vogel	11	Proctor	79-07.00
19	Addison Miner	12	Duluth Denfe	78-02.00
20	Elli Dahlstrom	10	Proctor	77-10.00
21	Madison Roen	12	Rock Ridge	77-09.00
22	Shyanne Jaeger	10	Fridley	76-10.00
23	Megan Sweeney	10	Hermantown	73-03.00
24	Louise Coleman	9	Proctor	72-02.00
25	Destiny Mackie	11	Hibbing	69-06.00
26	Janitzia Pineda-Chavez	11	Fridley	69-02.00
27	Emma Anderson	12	North Branch	68-11.00
28	Annabelle Anderson	11	Fridley	68-05.00
29	Gwendolyn Harrison	9	Hibbing	64-08.00
30	Ollie Treviranus	10	Hermantown	64-05.00
31	Ella Wielenga	9	Totino-Grace	57-09.00
32	Cosette Stenberg	9	Mora	56-09.00
33	Julianne Thomas	12	Totino-Grace	54-09.00
34	Mara Thomas	10	Totino-Grace	52-02.00
35	Hailey Anderson	9	Mora	50-00.00
---	Ileini Hirt	12	Duluth Denfe	FOUL

Event 233 Boys Discus Throw

Section: 160-04 S 6/1/2024 Zak McPhee

150-05 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	William Pearson	11	Chisago Lake	174-02.00SQUAL
2	Neo Carlson	11	Hermantown	163-08.00SQUAL
3	Joseph Neary	11	Grand Rapids	155-11.00 QUAL
4	Mason Johnson	11	Grand Rapids	153-00.00 QUAL
5	Brandon Brula	11	Grand Rapids	149-06.00 4
6	Grant Sharrow	11	Hermantown	139-01.00 3
7	Everett Otte	11	Chisago Lake	138-06.00 2
8	Ben Bakk	10	Rock Ridge	136-04.00 1
9	Trey Ericksen	12	Duluth Denfe	135-07.00
10	Corbin Crowe	9	Hibbing	125-02.00
11	Ben Betterley	12	Proctor	125-02.00
12	Frank Toman	12	Rock Ridge	124-05.00
13	Owen Picconatto	11	Hermantown	122-09.00
14	Julien Siewe	11	Fridley	122-04.00
15	Joseph Radich	12	Chisago Lake	120-09.00
16	Carter Eide	10	Mora	119-08.00

17	Joseph Marchetti	12	Hibbing	118-08.00
18	Lucas Hyry	11	Cloquet	116-06.00
19	Blake Archibald	10	Proctor	114-11.00
20	Silas Carlson	12	Rock Ridge	114-03.00
21	Mitchell Lutz	10	North Branch	112-08.00
22	Ben Frerich	12	Cloquet	111-08.00
23	Mario Marchetti	9	Hibbing	109-06.00
24	Vincent Berdahl	12	Totino-Grace	107-05.00
25	Ethan Holmberg	12	North Branch	107-02.00
26	Samuel Ayers	12	Fridley	107-00.00
27	Don Blackmore	11	Duluth Denfe	106-00.00
28	Evan Wolverton	10	Fridley	103-06.00
29	Liam Starkey	11	North Branch	101-08.00
30	Conner Tibbetts	12	Cloquet	100-02.00
31	Charles Finley	10	Totino-Grace	97-10.00
32	Edward Kolecki	9	Mora	96-09.00
33	Tim Scholz	11	Proctor	96-00.00
---	Christopher Bridges	12	Duluth Denfe	FOUL
---	Jack Burnes	11	Totino-Grace	DNS
---	Adam Nolan	11	Mora	DNS

Event 234 Girls Shot Put

Section: 38-01 S 6/4/2022 Sydney Fitzgerald

36-01.00 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	Mariana Cooksley	12	Chisago Lake	38-07.00SQUAL
2	Avery Remitz	8	Chisago Lake	37-10.00 QUAL
3	Madison Eagle	10	Chisago Lake	37-06.50 QUAL
4	Lola Witty	12	Proctor	34-08.00 5
5	Jenna Lukenbill	12	Mora	34-08.00 4
6	Laney Gunderson	11	Hermantown	32-10.75 3
7	Ava Neururer	12	Grand Rapids	32-03.00 2
8	Freya Lopez	12	Cloquet	30-10.50 1
9	Adrianna Vittori	11	Hibbing	30-06.50
10	Heidi Hedberg	12	North Branch	30-04.50
11	Ava Luiten	12	Cloquet	29-10.50
12	Claire Swanson	9	North Branch	29-06.25
13	Lucy Bell	12	Duluth Denfe	28-07.00
14	Megan Sweeney	10	Hermantown	27-10.50
15	Madison Roen	12	Rock Ridge	27-03.00
16	Shyanne Jaeger	10	Fridley	27-01.00
17	Mars Lairson	12	North Branch	26-08.50
18	Isabella Jolicoeur	8	Grand Rapids	26-06.00
19	Makea Niewind	12	Grand Rapids	26-02.50
20	Addison Miner	12	Duluth Denfe	25-11.50
21	Destiny Mackie	11	Hibbing	25-10.50
22	Georgia Duffy	12	Rock Ridge	25-09.75
23	Jocelyn Stillwell	12	Cloquet	25-08.75
24	Gwendolyn Harrison	9	Hibbing	25-01.00
25	Finley Johnson	9	Proctor	25-00.00
26	Ariana Nunez	12	Hermantown	24-03.25
27	Tayah Sanders	12	Mora	23-02.00
28	Ileini Hirt	12	Duluth Denfe	22-07.25
29	Ella Bialke	10	Rock Ridge	22-05.00

MSHSL Section 7AA Championships
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Rock Ridge HS - 5/27/2026 to 5/30/2026
Results

Finals ... (Event 234 Girls Shot Put)

	Name	Yr	School	Finals
30	Annabelle Anderson	11	Fridley	21-00.50
31	Elizabeth Jones	9	Fridley	20-01.00
32	Mary Gunderson	9	Mora	19-07.00
33	Julianne Thomas	12	Totino-Grace	18-10.50
34	Mara Thomas	10	Totino-Grace	18-05.50
---	Shelby Beito	11	Proctor	DNS

Event 235 Boys Shot Put

Section: 56-10 S 6/1/2022 Jackson Weston
50-02.00 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	William Pearson	11	Chisago Lake	54-01.25 QUAL
2	Mason Johnson	11	Grand Rapids	49-07.00 8
3	Brandon Brula	11	Grand Rapids	48-07.00 6
4	Tairell Manns	12	Duluth Denfe	47-08.00 5
5	Sam Blevins	12	Hibbing	46-06.75 4
6	Henry Sherwood	12	Hermantown	45-10.50 3
7	Neo Carlson	11	Hermantown	45-07.50 2
8	Christopher Bridges	12	Duluth Denfe	44-07.00 1
9	Lane Holden	11	Hermantown	40-01.00
10	Carter Eide	10	Mora	39-05.00
11	Ben Frerich	12	Cloquet	39-05.00
12	Vincent Berdahl	12	Totino-Grace	39-04.50
13	Omar Helal	11	Grand Rapids	39-00.00
14	Emmett Fritsch	9	North Branch	38-09.50
15	David Klammer	9	Chisago Lake	38-06.00
16	Trey Ericksen	12	Duluth Denfe	38-01.75
17	Mitchell Lutz	10	North Branch	37-11.00
18	Frank Toman	12	Rock Ridge	37-09.00
19	Cayden Stifter	10	Rock Ridge	37-02.50
20	Levi Foster	10	Rock Ridge	36-11.50
21	Lucas Hyry	11	Cloquet	36-07.00
22	Ethan Holmberg	12	North Branch	35-04.00
23	Camden Mack	10	Fridley	34-10.50
24	Evan Wolverton	10	Fridley	33-06.00
25	Kaiden Krueger	9	Proctor	33-05.75
26	Edward Kolecki	9	Mora	33-05.50
27	Angel Hernandez	10	Fridley	33-01.00
28	Peter Archambault	9	Totino-Grace	32-07.00
29	Elijah Goode	10	Proctor	30-01.00
30	JJ Voltzke	9	Proctor	28-10.25
31	Conner Tibbetts	12	Cloquet	28-06.00
---	Corbin Crowe	9	Hibbing	FOUL
---	Mario Marchetti	9	Hibbing	FOUL
---	Jack Burnes	11	Totino-Grace	DQ
---	Everett Otte	11	Chisago Lake	DQ
---	Adam Nolan	11	Mora	DNS

1)	Chisago Lakes	113
2)	North Branch Area	99.5
3)	Hibbing	87
4)	Cloquet	80
5)	Grand Rapids	68
6)	Rock Ridge	57
7)	Mora	48.5
8)	Hermantown	45
9)	Proctor	42
10)	Duluth Denfeld	35
11)	Totino-Grace	27

Men - Team Rankings - 18 Events Scored

1)	Grand Rapids	123.5
2)	Hermantown	90
3)	Hibbing	82
4)	Cloquet	81.5
5)	Chisago Lakes	62
6)	Duluth Denfeld	56
7)	Totino-Grace	47
8)	Mora	42
9)	Rock Ridge	38
10)	Fridley	32
11)	Proctor	26
12)	North Branch Area	22

Women - Team Rankings - 18 Events Scored